## In CANTONMENT:

Allen Memorial United Methodist Church (850) 968-6213 206 Pace Pkwy

From Hwy 29 N. take Muscogee Rd, then take 2<sup>nd</sup> right onto Pace Pkwy - We are 1 block N. of the intersection at Muscogee Rd & Pace Pkwy www.angelfoodministries.com



# Signature Box \$30

Balanced Nutrition and Variety with enough food to assist in feeding a family of four for about one week.

- 2 lb. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.)
- Bacon Wrapped Turkey Breast Filet 1 lb. Mignon (4 X 4 oz.)
- 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
- 2 lb. Macaroni & Beef Dinner Entrée
- 2.5 lb. IQF Split Chicken Breasts (Resealable
- 1 lb. Lean Ground Beef
- 12" Supreme Pizza
- 1 lb. Frozen Peas & Carrots
- Frozen Whole Kernel Corn 1 lb.
- 2 lb. Fresh Apples
- 2 lb. Heat and Serve Broccoli & Cheese
- 24 oz. Natural Cut French Fries (Skin-on)
- 6.5 oz. Stroganoff Skillet Meal

Dozen Eggs

Dessert

# **Senior & Convenience Meals** For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals — just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

> Breaded Baked Fish Chicken Chow Mein Swedish Meatballs Fettuccini Alfredo Meatloaf Patty **Turkey and Dressing** Chicken and Noodles Pot Roast

Country Herb Chicken Chicken Broccoli Alfredo Desserts: Assorted Cookies, Mixed Fruit Cup,

Applesauce, Grape Juice, Apple Juice

# After School Box \$21

An assortment of child-friendly snacks. Great for after school or any time. Chicken items and bread sticks in resealable bags.

- 14 oz. Bread Sticks Stuffed with Mozzarella (9 x 1.61 oz.)
- 1.5 lb. Fully Cooked Chicken Rings (Approximately 8 servings)
- 1.5 lb. Fully Cooked Chicken & Cheese Nuggets (Approximately 8 servings)
- 1.5 lb. Fully Cooked Mini Corn Dogs (36 count)

# Allergen-Free Food Box

\$23

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak

Battered/breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is prebrowned in Canola oil.

# 6 lb. Premium Seafood Variety Box

- 27 oz. Breaded Butterfly Shrimp Tail-on (oven ready)
- 10 oz. Cod Fillets
- 17 oz. Crab Cakes (oven ready)
- 16 oz. White Fish Fillets
- 16 oz. Tilapia Fillets
- 10 oz. Breaded Clam Strips (oven ready)

### MARCH SPECIAL #1 7 lb. Assorted Meat Grill Box

1.5 lb. Ribeye Steaks (2 x 12 oz.)

Chopped Beef Steak Flavored with Real Mozzarella Cheese (2 x 8 oz.)

\$23

- Chopped Beef Steak Flavored with Real Mild Cheddar Cheese (2 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese
- Bacon Wrapped Turkey Breast Filet Mignon (4 x 4 oz.)

#### MARCH SPECIAL #2

### 4.5 lb. Assorted Meat & Chicken Combo

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon Wrapped Filet (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Breast (4 x 6 oz.)

#### MARCH SPECIAL #3

## 10 lb. Boneless/Skinless Chicken **Breast Box**

10 lb. IQF Boneless/Skinless Chicken **Breasts** 

#### MARCH SPECIAL #4

#### 4 x 4 Family Meal Kits

Beans

4 meal kits with all you need to feed a family of 4. 16 meals at \$2.20 per meal.

Turkey Kit - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley, 1 lb. Green Beans Split Whole Chicken Kit - 3 lb. (avg) Whole Split Chicken, 1.5 lb. Potato Medley, 1 lb. Green

Beef Tips & Gravy Kit - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley

Pork Roast Kit - 1.5 lb. Boneless Pork Roast. 1.5 lb. Potato Medley, 1 lb. Corn

#### **MARCH SPECIAL #5**

\$20

\$35

### \$22 Premium Fresh Fruit and Veggie Box

## Large Golden Ripe Pineapple

- Large Vine Ripened Cantaloupe
- 1 lb. New Crop Chilean White Seedless
- Large Tree-Ripened Mango
- Large Haas Avocado
- 1 head Leafy Green Cabbage
- 3 lb. bag Sweet Potatoes (baking size)
- 2 lb. bag New Crop Yellow Onions
- 3 lb. bag Idaho Baking Potatoes
- 1 lb. Fresh California Carrots
- Variety Colored Bell Peppers
- 2 ct. Jumbo Garlic
  - AFM Fruit and Veggie Recipe Sheet

Visit www.angelfoodministries.com for your local host site or call (850) 968-6213 for more information.

The Host Site listed above accepts all methods of payment - Cash, Check, SNAP, Money Orders, and Online Ordering (either at your home, at our site, or by phone) with Debit/Credit card. Order at this location on March 11<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> from 3pm-5pm and March 13<sup>th</sup> at Gonzalez UMC (2026 Pauline St in Cantonment) from 10am-2pm during their SpringFling. Please call for more information. Distribution Day is Saturday, March 27<sup>th</sup> from 7:30am-8:30am unless otherwise noted on receipt. Please bring a medium sized box, cooler, or laundry basket for any Signature Box ordered.