



Team Aspire is a USA Volleyball club organization that committed to promoting youth volleyball in the North Escambia County, Florida area.

Team Aspire's goal is to reinforce the value teamwork, competition, and fun within a positive setting.

Team Aspire would like to bring to the area an opportunity to learn more about the sport of volleyball while learning character building skills like leadership, camaraderie, and compassion.

Aspire –

*To have a great ambition or ultimate goal.*

*To strive toward and end.*

*To soar.*



# **CLUB VOLLEYBALL TEAM**



### **General Information:**

The Team Aspire club volleyball program is a fundamental training environment that covers the skills and training needed to compete at a higher level. Club volleyball will give players a chance to play volleyball with a variety of coaches and teammates. Club Volleyball:

1. Provides a resource for those individuals wanting to continue their volleyball skill progression outside the normal school season and allow them to compete in a variety of tournaments.
2. Ensures that the player has the opportunity to get additional volleyball skills training.

### **2010 Membership fees are approximately \$507 and include the following:**

- Coaching – That will help players obtain skills needed to compete at a higher level.
- Season begins in January and will run until late April.
- 2 practices each week
- Minimum of 2 tournaments a month (depending on schedule chosen).
- 2 - T-shirt Jerseys
- All registrations and fees for USA Volleyball.
- Tournament entry fees.
- All practices will be held at the Northview High School Gymnasium or Bratt 1<sup>st</sup> Baptist.

**Registration forms** for the club volleyball teams will be accepted immediately. The completed registration form accompanied with a non-refundable \$150 payment will secure membership in the Team Aspire club volleyball program until our limit is met and will be applied to the overall fee. **Please refer to the payment schedule for other dates.** There will be a \$25 returned check fee. Limit will be determined by staff.

When registration is closed, all additional forms and registration fees will be returned UNLESS YOU REQUEST TO BE PUT ON A WAITING LIST.

If you have any questions please call or write to Betty Heaton at [bettie08@yahoo.com](mailto:bettie08@yahoo.com) (251-253-0101) or Cheryl Bosley at [Willy24@comcast.net](mailto:Willy24@comcast.net) (251-591-0456).

## **Who can join the Club Volleyball Team?**

### **14s Team (Ages 11-14, Grades 6-8)**

1. Practice 2x per week, 2 hours per practice
2. Use a regulation size and weight ball. Play on a regulation court in accordance with club volleyball.
3. Develop all physical skills related to volleyball
4. Emphasis on competition and the will to win

**\*\*Minimum of 10 players must sign up to conduct the 14s\*\***

### **18s Team (Ages 15-18, Grades 9-12)**

1. Practice 2x per week, 2 hours per practice
2. Intense training sessions comparable to club teams
3. Develop all physical skills in relation to volleyball as well as mental training in competitiveness

**\*\*Minimum of 10 players must sign up to conduct the 18s\*\***

**Details on start date will be emailed to you as the time approaches. Our starting dates and times have to be set in relation to Northview High School Basketball seasons when practicing in the Northview gym. Tentative start is beginning of January and the tentative time is after 4p.m. in the evenings.**



# **TRAINING TEAM**



### **General Information:**

The Team Aspire training team program is a fundamental training environment that covers the same skills and drills as the Club Teams. The applicants are skill divided which means that each skill court will move at a different pace and intensity but will cover the same skills and drills. Movement to different skill courts should be expected as athletes increase their skill levels and if the number of participants allows. Training Team:

1. Provides a resource for those individuals wanting to continue their volleyball skill progression outside the normal school season but could not commit to a Club Team.
2. Ensures that every player has the opportunity to get additional volleyball skills training.
3. Provides an introduction to basic methods and training for the brand new volleyball athlete as well as players that have already played.

### **2010 Membership fees are \$254 and include the following:**

- Coaching - All training will follow the same fundamental teaching as Club Teams.
- Season begins in January and will run until late April.
- 2 practices each week
- Team Aspire Training Team T-shirt
- All practices will be held at the Northview High School Gymnasium or Bratt 1<sup>st</sup> Baptist.

**Registration forms** for the training teams will be accepted immediately. The completed registration form accompanied with a non-refundable \$150 payment will secure membership in the Team Aspire training program until our limit is met and will be applied to the overall fee. **Final and complete payment is due by January 1, 2010.** There will be a \$25 returned check fee. Limit will be determined by court time at the facility and staff availability.

**THE REGISTRATION PROCESS IS ON A FIRST COME, FIRST SERVED BASIS.** When registration is closed, all additional forms and registration fees will be sent back UNLESS YOU REQUEST TO BE PUT ON A WAITING LIST.

If you have any questions please call or write to Betty Heaton at [bettie08@yahoo.com](mailto:bettie08@yahoo.com) (251-253-0101) or Cheryl Bosley at [Willy24@comcast.net](mailto:Willy24@comcast.net) (251-591-0456).

## **Who can join the Training Team?**

### **Volley Lights (Ages 8-10, Grades 3-5)**

1. Practice 2x per week, 1 hour per practice
2. Use a regulation size ball that is slightly lighter to develop proper muscle memory
3. Play on a smaller court and lower net to build game-like preparation for entering middle school
4. Continue to develop competitive spirit

**\*\*Minimum of 10 players must sign up to conduct the Volley Lights\*\***

### **Volley Flights (Ages 11-14, Grades 6-8)**

1. Practice 2x per week, 2 hours per practice
2. Use a regulation size and weight ball. Play on a regulation court in accordance with club volleyball.
3. Develop all physical skills related to volleyball
4. Emphasis on competition and the will to win

**\*\*Minimum of 10 players must sign up to conduct the Volley Flights\*\***

### **Volley Ballers (Ages 15-18, Grades 9-12)**

1. Practice 2x per week, 2 hours per practice
2. Intense training sessions comparable to club teams
3. Develop all physical skills in relation to volleyball as well as mental training in competitiveness

**\*\*Minimum of 10 players must sign up to conduct the Volley Ballers\*\***

**Details on start date will be emailed to you as the time approaches. Our starting dates and times have to be set in relation to Northview High School Basketball seasons when practicing in the Northview gym. Tentative start is beginning of January and the tentative time is after 4p.m. in the evenings.**



# **COSTS**





## Cost

### How much do other clubs cost?

Alabama Elite Power Team:	\$1,650
NASA Power Team:	\$1,395
RCVC Power Team:	\$1,650
Cajunland Power Team:	\$2,100

\*Even as locally as Mobile and Pensacola club teams can cost \$700 - \$1,200.

**Team Aspire Cost: \$507**

## Payment Schedule

<u>Payment Due</u>	<u>Amount</u>
December 31	\$250.00
January 29	\$128.50
February 25	\$128.50

Payments should be mailed to:

**Cheryl Bosley      3171 Woodard Dr.      Mobile, AL 36618**

## EXAMPLE COST BREAKOUT WITH SEVEN (7) TOURNAMENTS



# SAMPLE

## EXPLANATION OF CLUB FEES

### Equip/Coaches/Registration

Gym Rental	\$ 480.00	
Coach Payment	\$ 1,950.00	
Player Registration	\$ 650.00	\$65 per Player x 10 Players
Team Registration	\$ 40.00	
Coaches Registration	\$ 50.00	
Chaperone Registration (required)	\$ 35.00	
Background Checks	\$ 40.00	\$20 per Coach/Chaperone
Shirt Jerseys (2)	\$ 150.00	~\$15 for 2 shirts per Player
Misc Fee	\$ 200.00	\$20 per player (Balls, etc)
<b>Total</b>	<b>~ \$3,595.00</b>	

### Tournament Entry Fees

Mobile Storm Volleyball Tourney	\$ 175.00	Jan 31	Mobile, AL
Mardi Gras Mania	\$ 175.00	Feb 7	Fairhope, AL
Club Fusion Blowout	\$ 175.00	Feb 21	Panama City, FL
Randy Pounders Invitational	\$ 175.00	March 7-8	Pensacola, FL
Lizardfest	\$ 350.00	March 21 - 22	Pensacola, FL
Governor's Games	\$ 250.00	April 10-11	New Orleans, LA
Battle of the Bay	\$ 175.00	April 19	Daphne, AL
<b>Total</b>	<b>~\$1,475.00</b>		

**Registration/Tournament Total ~ \$5,070.00**

**Per Player (10 Players) ~ \$ 507.00**

\*Players are expected to provide shoes, kneepads and spandex.

\*Tournaments are based on last year to use as sample tournament fees and schedule.

\*Amounts are approximate until final number of players and tournaments are determined.

Please understand that club volleyball does cost money and we are doing everything we can to keep player costs down.

## EXAMPLE COST BREAKOUT WITH SIX (6) TOURNAMENTS



# SAMPLE

## EXPLANATION OF CLUB FEES

### Equip/Coaches/Registration

Gym Rental	\$ 480.00	
Coach Payment	\$ 1,950.00	
Player Registration	\$ 650.00	\$65 per Player x 10 Players
Team Registration	\$ 40.00	
Coaches Registration	\$ 50.00	
Chaperone Registration (required)	\$ 35.00	
Background Checks	\$ 40.00	\$20 per Coach/Chaperone
Shirt Jerseys (2)	\$ 150.00	~\$15 for 2 shirts per Player
Misc Fee	\$ 200.00	\$20 per player (Balls, etc)
<b>Total</b>	<b>~ \$3,595.00</b>	

### Tournament Entry Fees

Mobile Storm Volleyball Tourney	\$ 175.00	Jan 31	Mobile, AL
Mardi Gras Mania	\$ 175.00	Feb 7	Fairhope, AL
Club Fusion Blowout	\$ 175.00	Feb 21	Panama City, FL
Randy Pounders Invitational	\$ 175.00	March 7-8	Pensacola, FL
Lizardfest	\$ 350.00	March 21 - 22	Pensacola, FL
Battle of the Bay	\$ 175.00	April 19	Daphne, AL
<b>Total</b>	<b>~\$1,225.00</b>		

**Registration/Tournament Total ~ \$4,820.00**

**Per Player (10 Players) ~ \$ 482.00**

\*Players are expected to provide shoes, kneepads and spandex.

\*Tournaments are based on last year to use as sample tournament fees and schedule.

\*Amounts are approximate until final number of players and tournaments are determined.

Please understand that club volleyball does cost money and we are doing everything we can to keep player costs down.

## EXAMPLE COST BREAKOUT WITH FIVE (5) TOURNAMENTS



# SAMPLE

## EXPLANATION OF CLUB FEES

### Equip/Coaches/Registration

Gym Rental	\$ 480.00	
Coach Payment	\$ 1,950.00	
Player Registration	\$ 650.00	\$65 per Player x 10 Players
Team Registration	\$ 40.00	
Coaches Registration	\$ 50.00	
Chaperone Registration (required)	\$ 35.00	
Background Checks	\$ 40.00	\$20 per Coach/Chaperone
Shirt Jerseys (2)	\$ 150.00	~\$15 for 2 shirts per Player
Misc Fee	\$ 200.00	\$20 per player (Balls, etc)
<b>Total</b>	<b>~ \$3,595.00</b>	

### Tournament Entry Fees

Mobile Storm Volleyball Tourney	\$ 175.00	Jan 31	Mobile, AL
Club Fusion Blowout	\$ 175.00	Feb 21	Panama City, FL
Randy Pounders Invitational	\$ 175.00	March 7-8	Pensacola, FL
Lizardfest	\$ 350.00	March 21 - 22	Pensacola, FL
Battle of the Bay	\$ 175.00	April 19	Daphne, AL
<b>Total</b>	<b>~\$1,050.00</b>		

**Registration/Tournament Total ~ \$4,645.00**

**Per Player (10 Players) ~ \$ 464.50**

\*Players are expected to provide shoes, kneepads and spandex.

\*Tournaments are based on last year to use as sample tournament fees and schedule.

\*Amounts are approximate until final number of players and tournaments are determined.

Please understand that club volleyball does cost money and we are doing everything we can to keep player costs down.

## EXAMPLE COST BREAKOUT WITH FOUR (4) TOURNAMENTS



# SAMPLE

## EXPLANATION OF CLUB FEES

### Equip/Coaches/Registration

Gym Rental	\$ 480.00	
Coach Payment	\$ 1,950.00	
Player Registration	\$ 650.00	\$65 per Player x 10 Players
Team Registration	\$ 40.00	
Coaches Registration	\$ 50.00	
Chaperone Registration (required)	\$ 35.00	
Background Checks	\$ 40.00	\$20 per Coach/Chaperone
Shirt Jerseys (2)	\$ 150.00	~\$15 for 2 shirts per Player
Misc Fee	\$ 200.00	\$20 per player (Balls, etc)
<b>Total</b>	<b>~ \$3,595.00</b>	

### Tournament Entry Fees

Mobile Storm Volleyball Tourney	\$ 175.00	Jan 31	Mobile, AL
Club Fusion Blowout	\$ 175.00	Feb 21	Panama City, FL
Lizardfest	\$ 350.00	March 21 - 22	Pensacola, FL
Battle of the Bay	\$ 175.00	April 19	Daphne, AL
<b>Total</b>	<b>~\$ 875.00</b>		

**Registration/Tournament Total** ~ \$4,470.00

**Per Player (10 Players)** ~ \$ 447.00

\*Players are expected to provide shoes, kneepads and spandex.

\*Tournaments are based on last year to use as sample tournament fees and schedule.

\*Amounts are approximate until final number of players and tournaments are determined.

Please understand that club volleyball does cost money and we are doing everything we can to keep player costs down.

## EXAMPLE COST BREAKOUT FOR TRAINING TEAM



# SAMPLE

## TRAINING TEAM EXPLANATION OF CLUB FEES

### Equip/Coaches/Registration

Gym Rental	\$ 480.00	
Coaches Payment	\$ 1,350.00	
Player Registration	\$ 300.00	\$30 per Player x 10 Players
Team Registration	\$ 40.00	
Coaches Registration	\$ 50.00	
Background Checks	\$ 20.00	
Training Team T-Shirt	\$ 100.00	~\$10 for 1 shirt per Player
Misc Fees	\$ 200.00	\$20 per player (Balls, etc)
<b>Total</b>	<b>~ \$2,540.00</b>	
<b>Registration Total</b>	<b>~ \$2,540.00</b>	
<b>Per Player (10 Players)</b>	<b>~ \$ 254.00</b>	

\*Players are expected to provide shoes and kneepads.

\*Amounts are approximate until final number of players is determined.

## EXAMPLE COST COMPARISON



## SAMPLE

## COST COMPARISON

<b>Club/Training Team</b>	<b>Costs</b>	<b>Difference</b>
Club Team with 7 Tournaments	\$ 507.00	\$ -
Club Team with 6 Tournaments	\$ 482.00	\$ + 25.00
Club Team with 5 Tournaments	\$ 464.50	\$ + 42.50
Club Team with 4 Tournaments	\$ 447.00	\$ + 60.00
Training Team	\$ 254.00	\$ + 253.00



## UPCOMING DATES

### **November 20, 2009**

#### Player Interest Meeting

Receive additional information on the training team program and club volleyball.

\* Please fill out either the Club Registration Form or the Training Team Form and the Agreement form and return to Cheryl Bosley 3171 Woodard Dr. Mobile, AL 36618. As of right now we are only taking 10 players per team for the club volleyball team. If you are interested please get your paperwork back to us as soon as possible.

For the 14 and under team players must have been born on or after September 1<sup>st</sup>, 1995.

For the 18 and under team players must have been born on or after September 1<sup>st</sup>, 1991 or September 1<sup>st</sup>, 1990 and a high school student during part of the current academic year.

### **November 27, 2009**

#### Player Registration

All player registration must be submitted.

### **December 4, 2009**

#### Player Notification

Players will receive notification no later than December 4, 2009 with acceptance to Team Aspire and team placement.

### **December 18, 2009**

#### Meet Your Teammates Meeting

Players will meet their teammates and find out about practices and tournaments.

If you have any questions please call or write to Betty Heaton at [bettie08@yahoo.com](mailto:bettie08@yahoo.com) (251-253-0101) or Cheryl Bosley at [Willy24@comcast.net](mailto:Willy24@comcast.net) (251-591-0456). Webstite: [www.ballcharts.com/teamaspire](http://www.ballcharts.com/teamaspire)





# **BENEFITS OF CLUB VOLLEYBALL**

**PENSACOLA NEW JOURNAL ARTICLE**

## **A game of haves and have-nots**

Pensacola News Journal - Pensacola, Fla.

Author: Jamie Secola

Date: Sep 15, 2009

Start Page: C.1

Section: Online Sports

Text Word Count: 669

### **Document Text**

Jamie Secola

[jsecola@pnj.com](mailto:jsecola@pnj.com)

In high school volleyball, Catholic, Washington and Gulf Breeze typically will dominate other area schools.

What's their secret? All three schools have players competing in offseason club programs.

"The club programs have a huge benefit," said Gulf Breeze coach Waynn Sellers, who has a team full of club players. "There's us Catholic and Washington, and it's hard to say it doesn't work."

It has worked.

Gulf Breeze finished second in District 1-4A last year behind Washington, which won its fifth consecutive district championship. Catholic has been the District 1-3A champs for more than a decade.

Club volleyball allows players to gain more experience and training than other players. That's why teams with club players will perform at such a high level throughout the season.

Catholic and Washington, for example, get many of their players from the Catholic Youth League and Volleyball Pensacola.

Those two clubs-- in addition to the Gulf Breeze Recreation Center league and the Pensacola Beach Volleyball Club, which Sellers began six years ago -- all contribute to the surge in area volleyball.

Second-year Navarre coach Liz Pardue understands the importance of getting girls involved in a club program to build a competitive high school program.

"The coach before me (Shelley Bradford) did a good job with trying to get younger girls to come out (to play volleyball)," Pardue said. "I'm just trying to pick up where she left off."

Bradford began the Navarre Beach Volleyball Club, and Pardue is working hard to keep the program going.

"When I came in last year, I was new to coaching club ball, and I was just getting acquainted with it," Pardue said. "Now, we're trying to move forward with it and get more girls involved."

Head start, high cost

One reason high schools with players involved in club ball do so well is the players can start learning the sport during elementary or middle school. By the time those players reach high school, they may already have up to five years of experience.

But not every area squad benefits from those programs, an issue which puts those teams at a disadvantage.

"Some schools get to work with their girls from the time they're really young or in middle school," Tate coach Erika Burkett said earlier this season. "We just have four years with our girls."

But club programs can be expensive. The entry fees and travel costs alone are enough to deter some parents from getting their kids involved.

Sellers, however, is working to combat some of those high costs.

"At Pensacola Beach Volleyball Club, we try to keep the costs as low as we can," Sellers said. "That way, more kids can get involved, and we also offer some scholarship programs for players."

Other advantages

Club volleyball programs also allow for athletes to get more looks from college recruiters, because of some of the high-profile tournaments -- such as the Junior Olympics qualifiers -- that club athletes get to participate in. For the players who don't play club ball, it's more difficult to earn a volleyball scholarship.

"In reality, high school programs don't get the look from college (recruiters) that they should because the high school and college seasons are going on at the same time," Sellers said. "With the economy the way is today, they're (recruiters) also aren't going to as many tournaments as they used to."

Area high school volleyball is growing. But with the surge and strength of club programs, some teams are just trying to play catch-up.

"You've got kids and coaches who are benefitting from it (club programs)," Sellers said. "You can jump from A to Z very fast with club players."



# **REGISTRATION FORMS**



## CLUB REGISTRATION

Indicate Team Applying for: 14s \_\_\_\_\_ 18s \_\_\_\_\_

Player's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent(s) Names \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Position(s) Played:    \_\_\_ Setter    \_\_\_ Outside Hitter    \_\_\_ Middle Blocker  
                              \_\_\_ Right Side Hitter    \_\_\_ Libero/DS    \_\_\_ No preference

Previous Club Experience? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, identify club and years played:

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Please indicate any conflicts you would have in the spring in which you would not be able to attend a tournament (school dances, ACT/SAT test, family trip, spring break, basketball, etc).

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T-shirt Size: \_\_\_\_\_ Preferred Number(s) \*Not Guaranteed: \_\_\_\_\_

For more information contact Betty Heaton at [bettie08@yahoo.com](mailto:bettie08@yahoo.com) (251-253-0101) or Cheryl Bosley at [Willy24@comcast.net](mailto:Willy24@comcast.net) (251-591-0456).



Athlete Name \_\_\_\_\_ Age: \_\_\_\_\_

Team: \_\_\_\_\_

We, the parents/guardians of \_\_\_\_\_, have read the before mentioned information concerning the policies and practices of **Team Aspire**. We agree that having been selected to a team, to let our daughter join **Team Aspire** for the 2009-2010 club season. We have read the information provided and understand the time commitment involved in the practice and competition schedule. We have reviewed the fee schedule and agree to pay all fees regardless of the duration of participation. Understanding the stipulations and having discussed these with our child, we agree to and will support our child's participation in **Team Aspire**. We understand that once registered with and having participated with **Team Aspire**, the athlete will have to adhere to the GCR transfer policy.

I, \_\_\_\_\_, the athlete of **Team Aspire**, have read the before mentioned information concerning the policies and practices of **Team Aspire** and agree to follow these policies. I understand the commitment I am making to **Team Aspire** and that if I should choose not to follow the policies as expressed above and any additional boundaries set forth by my coach, my playing time may be restricted and I risk expulsion from the club.

I, \_\_\_\_\_, the parent of a **Team Aspire** athlete, have read the before mentioned information concerning the policies and practices of **Team Aspire** and agree to follow these policies. I understand the commitment my daughter is making to **Team Aspire** and that if she or I should choose not to follow the policies as expressed above and any additional boundaries set forth by the team's Head Coach and/or Director, she may be asked to leave the **Team Aspire** program.

This agreement, together with any attachment(s), will be governed by the laws of the State of Florida. This supersedes all prior oral or written representations or communications between all parties. It also constitutes the entire understanding of the parties regarding the subject matter of this agreement, and may only be modified or amended by written supplement signed by both parties.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Athlete)

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Guardian)



# TRAINING TEAM REGISTRATION

Mail this completed form with \$150.00 non-refundable deposit to reserve your space in the training program. **The remaining payment is due by January 1<sup>ST</sup>, 2010. There will be a \$25 fee for all returned checks.** Checks made payable and mailed to Cheryl Bosley, 3171 Woodard Dr., Mobile, AL 36618.

NAME \_\_\_\_\_ AGE \_\_\_\_\_ GRADE \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ SCHOOL \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

PHONE # \_\_\_\_\_ EMAIL \_\_\_\_\_

All correspondence will be conducted by email. Please PRINT LEGIBLY as to avoid any delay.

### INSURANCE/MEDICAL INFORMATION AND WAIVER

PARENT/GUARDIAN NAME \_\_\_\_\_ PHONE # \_\_\_\_\_

In the event of an emergency you are unable to contact me, please call

\_\_\_\_\_ at this phone # \_\_\_\_\_

Family Physician \_\_\_\_\_ Phone # \_\_\_\_\_

Please note any medical condition(s) that coaches should be aware of:

\_\_\_\_\_

I, the undersigned, do hereby give my permission for my daughter to participate in the above stated Team Aspire Training Team Program. I understand that USA Volleyball, Northview High School or Bratt 1<sup>st</sup> Baptist, and the staff and adults in charge cannot be held liable for any accident that may occur during the course of this activity.

I also attest to the fact that \_\_\_\_\_ is covered by insurance through the following \_\_\_\_\_ Policy# \_\_\_\_\_. I understand that financial obligations incurred for medical services resulting from an injury received by my daughter while participating in this activity cannot be borne by the facility, USAV, or the staff/adults in charge.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

I am enclosing the registration form with the check made payable to Team Aspire. I understand that there are **NO REFUNDS** once my child is registered in the training program. I give my daughter permission to participate in the Team Aspire Training Team Program and attest to the fact that she is in good medical condition.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mail registration and checks to Cheryl Bosley, 3171 Woodard Dr., Mobile, AL 36618**



# **POLICES/APPENDIX**





## **GENERAL POLICIES FOR ALL ATHLETES**

1. All athletes must adhere to the USAV Code of Conduct.
2. All athletes are expected to attend every event scheduled for their team; unless otherwise approved.

## **TRAVEL POLICIES**

Parents are responsible for the athlete's travel to and from all practices and tournaments. Parents are also responsible for the athlete's lodging at tournaments when needed.

## **ATTENDANCE POLICIES**

1. Attendance at practices and tournaments may affect playing time.
2. It is the responsibility of the athlete or the parents to notify the coach of any scheduled team event that the athlete will be missing with at least one week notice for practices, and two weeks notice for tournaments.

## **PRACTICE**

All practices are mandatory; unless otherwise approved (i.e. High School Athletics). It is imperative that the athlete develop a good balance between practice and schoolwork. When an athlete accumulates nine absences during the season, the Coaching Director and the Club Director will conduct a review to determine if that athlete should remain with the team/club. No refunds will be provided if the athlete is cut from the team.

## **TOURNAMENTS**

Upon committing to **Team Aspire** the parents/players understand that players must attend ALL tournaments including Regionals and Nationals if their team makes the commitment to pursue National play. Failure to comply with this level of commitment will result in forfeiture of paid fees and future non-admittance into the club.

## **PLAYER/PARENT CODE OF CONDUCT:**

1. Equal playing time is not guaranteed. Athletes will be evaluated during practices by the coaching staff. Playing time at any tournament is determined by the coaching staff.
2. Parents are to be supportive of their athletes during tournaments.
3. Parents will pledge to place the emotional and physical well being of your child ahead of your personal desire to win.
4. Parents will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every practice and tournament.
5. Parents will support coaches working with your child to encourage a positive and enjoyable experience for all.
6. At no time is it permissible for a parent to address an official negatively. This only harms the coach's and team's success.
7. Parents will not "coach" their athletes during tournaments and will not be allowed to sit in the gym during practice times. The athletes and coaches need to focus on practice and games, not parents.
8. If for any reason an athlete is removed from the tournament site without prior knowledge from the Head Coach, **Team Aspire** will consider that athlete to have resigned from the program.
9. "Conduct unbecoming an athlete" will not be tolerated at any **Team Aspire** function/event. This covers a wide variety of circumstances for example the use of foul language or rude gestures towards other athletes, parents, coaches, officials or opponents. Athletes engaging in this type of behavior will be subject to suspension or expulsion from team and/or club.
10. Players are to support their teammates at all times while on the bench. Poor bench behavior includes but is not limited to: not expressing verbal support for your teammates, conducting side conversations, or questioning your playing time or status during the match. Any behavior of this type will also be considered "Conduct unbecoming an athlete" and a coach may ask for your suspension.

#### **GRIEVANCE PROCEDURE:**

1. The athlete must first seek a meeting between the coaches and herself to discuss the issue at hand. For age groups 14's and younger a parent may request the meeting.
2. If the issue is unresolved the parent may ask for a meeting between themselves and the coaching staff to discuss the issue. The meeting should take place at a location considered adequate for a private discussion agreed upon by both the parent and coach.
3. If the issue is unresolved, the parent must ask for a meeting with the club director, athlete and coach.

## **FINANCIAL AGREEMENT:**

1. Club fees are due in accordance with the provided schedule when the athlete and parents accept a position on a team or having signed this agreement.
2. Fees paid to the club are non-refundable with the exception of season ending injury, illness, or relocation out of the area. Prior to Jan 30<sup>th</sup> there will be a 75% refund. Prior to Feb 28<sup>th</sup> there will be a 40% refund. **NO REFUNDS** will be granted after March 30<sup>th</sup> of the current season.
3. Any club fee schedule agreed to in writing must be adhered to. An athlete will not be allowed to participate until fees are paid as per agreement.

## **PLAYING TIME PHILOSOPHY:**

Although the same coaching principles will be used throughout the club, the team's head coach is responsible for the composition of the team and determining playing time. **Team Aspire cannot and will not** guarantee playing time to anyone. It is in the best interest of the team that we compete for championships, and this may include players not playing in some matches. The head coaches will make their decisions based on a player's attendance at practices, the importance of an event, attitude, and the team's needs. **As parents** please understand that coaches will do their best to get everyone playing time, but **Team Aspire's** main focus at tournaments will be the **team's** success. We will do our best to get your athlete the best training in practice sessions and clinics, but we cannot guarantee playing time at tournaments to anyone. Discussion of your child's playing time with a coach WILL NOT BE DONE AT THE TOURNAMENT! If problems arise about the amount of playing time, set up a meeting with your coach to discuss the situation according to the aforementioned grievance procedure.

## **SUSPENSIONS AND EXPULSIONS:**

While it is not the intent of **Team Aspire** to suggest there will or would be problems, the integrity of **Team Aspire** should be foremost in our minds. Suspensions have been identified where appropriate in this document. Evaluations of such situations will be discussed by the head coach and the club director. Using your common sense is necessary in all situations.

The following offenses will result in automatic expulsions and forfeiture of paid fees.

- Smoking at any **Team Aspire** function.
- Using alcohol or drugs at any time during a **Team Aspire** function.
- Leaving lodging premises or tournament sites without notifying the Coach and without a chaperone.
- Having boys in your room (other than relatives).
- If the athlete has more than 9 absences (subject to coaching director/club director review)

The director reserves the right to add/modify rules as a situation demands.

Club fees include:

- Tournament entry fees
- 2 t-shirt jerseys
- Coaching salaries
- Gym rentals
- Equipment/balls/supplies
- Team registrations
- Individual registrations
- Coaches/board members/chaperones registrations

Additional costs are:

- Travel arrangements for tournaments and practices for the athlete
- Socks, shoes, kneepads, spandex and other volleyball apparel
- Food arrangements for tournaments
- If your team qualifies for Nationals, there may be additional charges for practices leading up to Nationals!

## USA VOLLEYBALL PARTICIPANT CODES OF CONDUCT

In consideration of the rights granted to me by my membership with the Regional Volleyball Association (RVA), a USA Volleyball (USAV) RVA member, I consent to abide by the rules of conduct set forth herein, while I am a member of the RVA. I understand that these rules extend to my conduct in activities related to, and during any USAV/RVA sanctioned event in which I participate. This includes all events or activities sanctioned or sponsored by the RVAs or the USAV, practices, travel to and from events, volleyball camps, players' clinics and officials' clinics. I also understand that if I violate any of the following rules, I might be subject to whatever disciplinary action is deemed appropriate by the authorized person, persons, boards or committees of the RVAs or USA Volleyball.

### THE FOLLOWING ACTIONS ARE PROHIBITED:

1. Violation of any anti-doping policies, protocols or procedures as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), Federation Internationale de Volleyball (FIVB), US Anti-Doping Agency (USADA) or the United States Olympic Committee (USOC). Violations of this provision will be adjudicated only by USADA or the proper anti-doping authority, not USA Volleyball (USAV).
2. Possession, consumption or distribution of alcohol and/or tobacco if illegal or in violation of USA Volleyball (USAV) or Regional Volleyball Association (RVA) policy.
3. USAV policy prohibits the possession, consumption or distribution of alcohol and/or tobacco by anyone registered as a Junior Olympic Volleyball Player at the event venue of any USAV/RVA sanctioned junior event.
4. Use of a recognized identification card by anyone other than the individual described on the card.
5. Physical damage to a facility or theft of items from a room, dormitory, residence or other person. (Restitution will be part of any penalty imposed.)
6. Possession of fireworks, ammunition, firearms, or other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons at USAV/RVA sanctioned events.
7. Any action considered to be an offense under Federal, State or local law ordinances.
8. Violation of the specific policies, regulations, and/or procedures of the USAV, RVA or the facility used in conjunction with a sanctioned event. (It is the responsibility of the individual to be familiar with applicable specific policies, regulations and procedures.)
9. Conduct which is inappropriate as determined by comparison to normally accepted behavior.
10. Physical or verbal intimidation of any individual.
11. Actions that will be detrimental to USAV or the RVA.

### USA VOLLEYBALL DISCIPLINARY POLICY:

<b>Infraction</b>	<b>When Occurred</b>	<b>Suggested Maximum Penalty</b>
First	Before or during event After event concludes	Individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified). The individual may be declared ineligible for USAV registration or RVA membership for one year starting from the date of infraction. The individual may be declared ineligible for USAV registration or RVA membership for one year starting from the date of infraction.
Second	Before or during event After event concludes	Individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified). The individual may be declared ineligible for USAV registration or RVA membership for two years starting from the date of infraction. The individual may be declared ineligible for USAV registration or RVA membership for two years starting from the date of infraction.
Third		Individual may be declared ineligible for USAV registration or RVA membership for the remainder of his/her lifetime.

**NOTE :** Major misbehavior (e.g. verbal or physical abuse of a child, sexual harassment, etc.) may subject the violator to a lifetime ineligibility for USAV registration or RVA membership after the first infraction.

Penalties are only applied after affording the participant due process as may be required by the Ted Stevens Olympic and Amateur Sports Act (TSOASA), USOC, USAV, and RVA. Appeals, other than for doping violations, may be made in accordance with procedures set forth in the bylaws and operating codes of USA Volleyball and the RVA as printed in the current *Official USA Volleyball Guide* and RVA Handbook, respectively.

**TO BE RETAINED BY MEMBER**

(Revised 07/27/2009)